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in soups, stews, and over rice for a simple yet filling meal. Do you have these staples in your kitchen? You can probably think of several more that will enhance your pantry and save money. Start with these and grow your own list of basic kitchen staples that are versatile and economical.

### **Frugal Cooking Money-Saving Tips - Menu Planning Central**

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If you have a frugal dinner recipe that you love, please feel free to share it in the comments below! Even though 100 recipes is quite the list, itâ€™s always great to have personal recommendations (since I obviously couldnâ€™t have tried all 100 recipes myself!).

### **100 Frugal Recipe Ideas - Easy Recipes for Busy People**

The recipes below use a lot of ingredients that you probably already have on hand, so they're easy to pull together for a weeknight win. Take the stress out of mealtime and get right to the best part: eating! To get you started, try out this frugal recipe for Old Fashioned Salisbury Steak. This classic meal will give you so much nostalgia.

### **42 Poor Man Meals | RecipeLion.com**

An easy, inexpensive meal is picadillo (ground beef or turkey,diced potatoes, fresh or canned veggies, tomato sauce or canned diced tomatoes and spices). You can also add cooked pinto beans. You can also sub elbow macaroni for the potatoes.

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